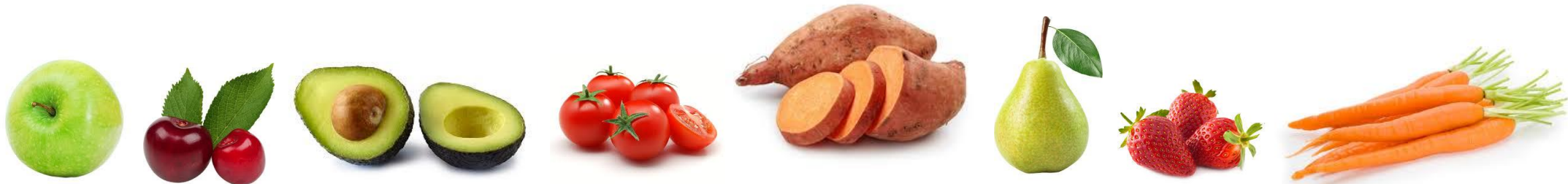


# Tanfield School

w/c 04.11.19; 25.11.19; 16.12.19; 20.01.20; 10.02.20; 09.03.20; 30.03.20

## WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN CHOICES</b>	<b>Meat Feast Pizza Wheel</b>  <b>V Cheese &amp; Broccoli Quiche</b>  Both the above with Potato Wedges  <b>Sweet Sour Chicken with Rice</b>	<b>Spaghetti Bolognaise</b>  <b>Pork &amp; Apple Burger in a Bun</b>  <b>V Lentil Shepherd's Pie</b>	<b>Roast Turkey, Yorkshire pudding</b>  <b>BBQ Sausages</b>  Both the above with Roast Potatoes  <b>V Leek Pasta Bake</b>	<b>Homemade Whole-wheat Pastry Mince Pie &amp; Mashed Potatoes</b>  <b>Harissa Chicken Traybake with Rice &amp; Salad</b>  <b>V Veggie Korma &amp; Rice</b>	<b>Fish Shop Day</b>  <b>Fish in Crispy Batter</b>  <b>Salmon Fish Fingers</b>  <b>Chicken Nuggets</b>  <b>V Veg Spring Roll</b>  <b>Spicy Tuna Pasta Bake</b>  Chipped Potatoes available
<b>Vegetables - A choice of two Vegetables daily, plus Salad &amp; Coleslaw also available</b>					
<b>DESSERT</b>	<b>Ginger Apple Pudding &amp; Custard</b>	<b>Lemon Drizzle Cake</b>	<b>Golden Corn Bread</b>	<b>Banana Cake &amp; Custard</b>	<b>Chocolate Beetroot Cake</b>
<b>ALSO AVAILABLE DAILY</b>  Sandwiches – made fresh on site; Salads – crisp and fresh, including lettuce, carrots, peppers, spinach, tomatoes, cucumber, etc. Freshly made pizza, hot wraps, toasted Panini's, and hot baked potatoes. Hot and Cold pasta pots with meat and vegetarian options Fresh fruit, fresh fruit pots, fresh fruit salad, sugar free jelly and yoghurts. Chilled plain & flavoured waters and milk <b>A two course Meal Deal is available every day, please see separate Meal Deal Poster</b>					



**FOOD ALLERGIES AND INTOLERANCES** - Before choosing your meal, please speak to a member of the catering staff about your requirements  
**SPECIAL DIET REQUIREMENTS** - Please speak to our Catering Manager regarding your specific dietary needs

# Tanfield School

w/c 11.11.19; 02.12.19; 06.01.20; 27.01.20; 24.01.20; 16.03.20

## WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN CHOICES	Meat Lasagna  Yorkshire Pudding Wrap  V Sweet Pot & Cauliflower Curry with Rice	Chicken Pie & Parsley Potatoes  French Bread Pizza  V Chunky Veg Pasta Bake	Mince & Dumplings  V Veggie Toadies  Both the above with Mashed Potatoes  Turkey Burger in a Bun	Roast Pork, Roast Potatoes & Yorkshire pudding  Meatball Whole-wheat Pasta Bake  V Butternut Squash Risotto	Fish Shop  Fish in Crispy Batter  Fish Cakes  V Homemade Cheese Pasty  Tex Mex Quesadilla  V Cheese Onion Patties  Chipped Potatoes available
Vegetables - A choice of two Vegetables daily, plus Salad & Coleslaw also available					
DESSERT	Fruit Crumble & Custard	Iced Sweet Potato Cake	Chocolate Fudge Cake	Cornflake Tart & Custard	Apple & Courgette Cake
<b>ALSO AVAILABLE DAILY</b>  Sandwiches – made fresh on site; Salads – crisp and fresh, including lettuce, carrots, peppers, spinach, tomatoes, cucumber, etc. Freshly made pizza, hot wraps, toasted Panini's, and hot baked potatoes. Hot and Cold pasta pots with meat and vegetarian options Fresh fruit, fresh fruit pots, fresh fruit salad, sugar free jelly and yoghurts. Chilled plain & flavoured waters and milk <b>A two course Meal Deal is available every day, please see separate Meal Deal Poster</b>					



**FOOD ALLERGIES AND INTOLERANCES** - Before choosing your meal, please speak to a member of the catering staff about your requirements  
**SPECIAL DIET REQUIREMENTS** - Please speak to our Catering Manager regarding your specific dietary needs

# Tanfield School

w/c 18.11.19; 09.12.19; 13.01.20; 03.02.20; 02.03.20; 23.03.20

## WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN CHOICES	<b>Pork Goulash with Rice</b>  <b>Homemade Meat &amp; Potato Pie</b>  <b>V Spaghetti Neapolitan</b>	<b>Bolognaise Whole-wheat Pasta Bake</b>  <b>Chicken Creole &amp; Rice</b>  <b>V Roast Vegetable Quiche &amp; Potato Croquettes</b>	<b>Roast Chicken &amp; Yorkshire pudding</b>  <b>Cowboy Tea</b>  Both the above with Roast Potatoes  <b>V Vegetable Biryani</b>	<b>Chilli con Carne &amp; Rice</b>  <b>Pulled Pork Bun &amp; Cajun Mayo</b>  <b>V Veggie Lasagna</b>	<b>Fish Shop</b>  <b>Fish in Crispy Batter</b>  <b>Fish Fingers</b>  <b>Tuna Pasta Bake</b>  <b>Sausages in Batter</b>  <b>V Tomato Basil Bruschetta</b>  Chipped Potatoes available
<b>Vegetables - A choice of two Vegetables daily, plus Salad &amp; Coleslaw also available</b>					
DESSERT	<b>Carrot Cake</b>	<b>Sticky Toffee Pudding &amp; Custard</b>	<b>Vanilla Cupcakes</b>	<b>Chocolate Cake &amp; Custard</b>	<b>Apple Sponge &amp; Custard</b>
<b>ALSO AVAILABLE DAILY</b>  Sandwiches – made fresh on site; Salads – crisp and fresh, including lettuce, carrots, peppers, spinach, tomatoes, cucumber, etc. Freshly made pizza, hot wraps, toasted Panini's, and hot baked potatoes. Hot and Cold pasta pots with meat and vegetarian options Fresh fruit, fresh fruit pots, fresh fruit salad, sugar free jelly and yoghurts. Chilled plain & flavoured waters and milk <b>A two course Meal Deal is available every day, please see separate Meal Deal Poster</b>					



**FOOD ALLERGIES AND INTOLERANCES** - Before choosing your meal, please speak to a member of the catering staff about your requirements  
**SPECIAL DIET REQUIREMENTS** - Please speak to our Catering Manager regarding your specific dietary needs