



TANFIELD
SCHOOL

HARD WORK | TRUST | FAIRNESS

Extra Curricular Clubs and Activities

2020 - 2021

VISION

At Tanfield School we have many minds but one mission: to get students to attend the best university, or real alternative, succeed in their dream job and thrive in all aspects of their life.

Our core values of hard work, trust and fairness permeate all that we do. From the moment a student arrives at Tanfield, we ask them to live these values: **HARD WORK, TRUST, AND FAIRNESS.**

We also focus on three key drivers: **MASTERY**, which is the drive to get better at things that matter; **AUTONOMY**, or the drive to direct our own lives; and **PURPOSE**, which is the drive to connect to a cause larger than ourselves (Dan Pink, 'Drive').

Taking part in the clubs and activities on offer at Tanfield helps students to master new skills, have autonomy over their lifestyle and interests and gives their lives a purpose within the school and local community.

Steven Clough
Headteacher, Tanfield School

WELCOME



To create motivation that lasts, at Tanfield we focus on two important questions. First, we ask a big question to orient our life toward greater purpose - what's my sentence? In one sentence we state what lasting impression we want to leave on the world. Then, we keep asking a small question for day-to-day motivation - was I better today than yesterday? OUR SCHOOL SENTENCE IS: ***"The school ensured that all students attended the best university, or real alternative, succeeded in their dream job and thrived in all aspects of their life."***

Taking part in the wider activities of the school helps students to thrive in all aspects of their life. Our aim is for students to enjoy the experiences, developing their interests and trying out things that they wouldn't otherwise. They will be ready and equipped for life after Tanfield and have strategies to keep them physically and mentally healthy and safe, ready to contribute positively to the world. **Our clubs and activities help our students to be the very best version of themselves.**

We look forward to welcoming you to Tanfield's clubs and activities.

Catherine Walton
Assistant Head Teacher, Tanfield School

In this prospectus, you will find details of all of the clubs and activities that are on offer at Tanfield School. There is a separate timetable that details which clubs are running at any particular time, along with details of timings and locations. This will change regularly throughout the year. Keep a lookout for your favourite activities.

“It is not the mountain we conquer, but ourselves.”

Sir Edmund Hillary

(the first climber confirmed to have reached the summit of Mount Everest, 1953)

DRAMA

What is it?

Join our drama club and build the confidence and skills to take part in a show in front of a live audience! Even if you have no experience at all yet, drama club will help you to develop important life skills. You'll learn: to give and receive critical feedback, understand our world better, develop creative thinking and public speaking skills. Also, to communicate effectively with your peers and develop leadership qualities. You will find your 'voice', or maybe you'll find a way to escape to a creative environment. You'll learn to explore a range of emotions whilst you appreciate and enjoy the performance of texts. This club is open to all students, of any level of experience. Auditions will take place for speaking parts.

Who is it for?

Years 7 - 10

When is it on?

Tuesday - After School

Where is it?

Assembly Hall



SOUND AND LIGHT ENGINEERING

What is it?

Learn to use technology to enhance a real performance. Once you have mastered the techniques, you will work alongside the Drama Club to help them to prepare for a show, in front of a live audience.

Who is it for?

Years 7 - 10

When is it on?

Wednesday – After School

Where is it?

N139



BOOK CLUB

What is it?

Do you love to read? Do you love to talk about the books you have read with your friends? Then Tanfield Bookclub is the club for you.

A weekly club where you get to read, chat and discuss anything books. We will host book quizzes and vote for a book to read each month, as well as share ideas on the best books to read.

Who is it for?

Years 7 - 10

When is it on?

Tuesday – After School

Where is it?

N207



SET DESIGN

What is it?

A chance to use your creativity and design skills to produce a 3D set design. Learn how to plan, create mood boards and storyboard for a production. Then, bring your designs to life with 2D plans, 3D scale models and samples of some of your designs in real size.

You will work together to create a real set to be used in the performance of the Drama club.

Who is it for?

Years 7 - 10

When is it on?

Tuesday - After School

Where is it?

S110



FAMILY BREAKFAST AND CURRENT EVENTS

What is it?

Discuss events of political or social interest and what is happening in the world at the present time through a combination of news sources, research, and discussion. Free bagels and juice will be provided.

Who is it for?

Everyone

When is it on?

Every Day - Before School

Where is it?

N120



CONVERSATIONAL FRENCH

What is it?

Bienvenue au club français!

Are you looking to gain conversational ability in French? Then come to this club, where we will be practising speaking French that you can use in real life situations. We will also have a free French breakfast to enjoy.

À bientôt.

Who is it for?

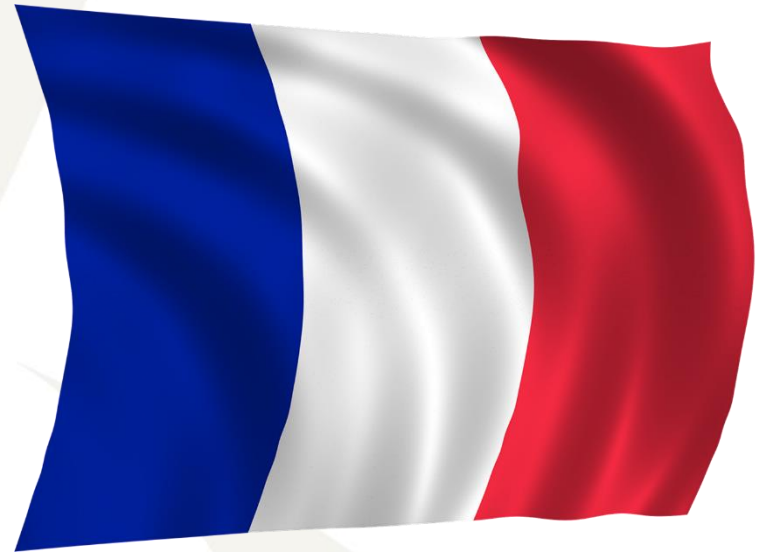
Everyone

When is it on?

Friday – Before School

Where is it?

S202



MATHS GAMES

What is it?

Come and play games like Twenty One, Quick Draw Times Tables, Suduko, Dealing in Data or Fraction War. Have fun while you develop your maths fluency.

Who is it for?

Everyone

When is it on?

Monday - Break Time

Where is it?

N128

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	3						4	
5				3				6
			1		7			
	4						8	
			9		2			
3								8
	6			5			3	
		2				7		

PEER MENTORING

What is it?

Open to year 7 and 8 students. If you are feeling stressed, anxious, worried- or just need a friendly face, come along and chat with a trained year 9 mentor. Get advice and try some calming activities.

Who is it for?

Years 7 and 8

When is it on?

Year 7 – Every day – Break Time

Year 8 – Wednesday – Lunch Time

Where is it?

N121



HOMework

What is it?

An opportunity to use school computers and have help completing your homework- for any subject.

Who is it for?

Everyone

When is it on?

Monday – Friday – Break Time
Tuesday – Friday – After School

Where is it?

N120



MINDFULNESS

What is it?

Mindfulness is the basic human ability to be fully present, aware of where we are and what we're doing, and not overly reactive or overwhelmed by what's going on around us. While mindfulness is something we all naturally possess, it's more readily available to us when we practice regularly. Whenever you bring awareness to what you're directly experiencing via your senses, or to your state of mind via your thoughts and emotions, you're being mindful. And there's growing research showing that when you train your brain to be mindful, you're actually remodeling the physical structure of your brain.

Come to this club and practice the methods for becoming mindful.

Who is it for?

Everyone

When is it on?

Tuesday and Thursday - Lunchtime
Monday Lunchtime- Year 11 only

Where is it?

N120



Mind Full. or Mindful?

ART FOR WELLBEING

What is it?

You will undertake a series of short projects designed to help you express your creativity in a quiet environment using a range of different materials and themes.

The club will focus around how art can be used to promote wellbeing and act as a calm and relaxing space for you to work. We will explore calming sounds and music for relaxation and relaxing art activities such as mindful colouring, zentangles, making a handmade 'worry stone' and painting to music.

You will enjoy having a safe space to express yourself creatively and to develop your drawing, making and craft skills. It will also allow you some quiet time to reflect and refocus after a busy day at school.

In terms of future careers, it could help any of you who may wish to go on to study fine art, crafts or illustration.



Who is it for?

Years 7 - 10

When is it on?

Wednesday – After School

Where is it?

S108

LGBTQ+

What is it?

This group is a chance to meet people, to chat and to have fun- however you identify. Sometimes people talk about being lesbian, gay, bisexual or trans in the group, and sometimes we have workshops where we explore gender or sexuality more broadly. Other times we do more general things like art and craft, drama, sport, or play games. You can come along to the group to see what it is like, without any pressure.

You don't have to label yourself when you come to the group. So, if you are questioning your sexuality or gender (or don't like labels), you are very welcome to come along and just be yourself. If you join us, we will not let anyone know you go to the group, and we won't ever 'out' you to anyone. If you're feeling a little nervous about coming along, you can contact us to arrange for a peer supporter or staff member to meet you.

Who is it for?

Everyone

When is it on?

Friday – Break Time

Where is it?

N146



LEADERSHIP ACADEMY

What is it?

This is part of the County Durham Young Volunteers Programme. Whilst focussed specifically on leadership in sport, you don't have to be sporty to join the Academy! This is ideal training for any of you that may wish to be a leader in the future. You will receive training and get rewards for completing volunteering hours. You will help us to lead, run and coach sporting events across County Durham and with our partner primary schools, making an impact in our community. This will give you experiences to enhance your CV for future college and job applications.

Who is it for?

Years 8 - 10

When is it on?

Wednesday – After School

Where is it?

S103



COSTUME DESIGN

What is it?

If you're passionate about theatre, fashion, art and textiles then look no further! The Costume Club will guide you from brief, characterisation, design to costume construction.

An eye for detail, creativity and openness to dive in is all that is needed to be part of the club. Sewing and textiles skills will be taught throughout with one to one guidance every step of the way. Using our school production as inspiration, you'll discover your own unique style of design and a taste for costume construction, bringing your fabulous designs to life!

Who is it for?

Years 7 - 10

When is it on?

Tuesday - After School

Where is it?

N119



ART CLUB

What is it?

Use paint to design ceiling tiles for the art room ceiling. You will paint zentangles and hobby based images. Develop your painting skills and make friends with like-minded people.

Who is it for?

Years 7 - 10

When is it on?

Thursday – After School

Where is it?

S110



LEGO

What is it?

As well as being great fun, playing with Lego improves your teamwork and communication, your patience and organisational skills and helps you to problem solve with lateral thinking. You can experiment while developing your fine motor skills and spatial awareness, and it can give you better focus and concentration. Come along and use our Lego, or feel free to bring your own.

Who is it for?

Everyone

When is it on?

Monday – Break Time

Wednesday and Friday – Lunch Time

Where is it?

Monday – N141

Wednesday and Friday – N120



JIGSAWS

What is it?

Bill Gates is an avid puzzler. You could be too! Jigsaw puzzles engage the left and right sides of your brain (the logical and creative bits) and improve your short term memory. They help with visual spatial reasoning, that improves your ability to drive a car, pack, read a map and learn dance moves! They are also a great way to relieve stress and escape your worries.

Who is it for?

Everyone

When is it on?

Monday – Lunch Time

Where is it?

N120



GET EXAM READY

What is it?

For year 11 only, these sessions help with revision. There is a timetable to show which subjects are available on each night. Get expert help, advice and support in your exam preparations. Attending 95% of sessions will help you to be eligible for the end of year prom!

Who is it for?

Year 11

When is it on?

Every Day – After School

Where is it?

Subject Classrooms- see separate timetable



ENVIRONMENTAL CLUB

What is it?

Feeling inspired by Greta Thunberg? Want to do your bit to help the environment? This club will have games, quizzes and activities to help you to make a difference, while having fun and meeting like minded people.

Who is it for?

Everyone

When is it on?

Wednesday – After School

Where is it?

S101



BULLET JOURNALING

What is it?

Planner, journal, sketchbook... bullet journals (or Bujos) have taken Instagram and Pinterest by storm. Bring a notebook and a pen, and learn how this system can help you get organised and mindful. Use the time to be as creative or as minimalist as you like.

Who is it for?

Everyone

When is it on?

Wednesday – Break Time

Where is it?

S108



TRAMPOLINING

What is it?

There are many benefits to trampolining. It increases shoulder mobility, improves your core muscles, aids sleep, strengthens legs and improves whole-body strength. Come along whatever your level of experience and develop your skills.

Who is it for?

All

When is it on?

Summer term

Where is it?

PE block



CRICKET

What is it?

Cricket has been an established team sport for hundreds of years and is one of the most popular sports in the world. It originated in England and is now very popular in countries such as India, Pakistan, Sri Lanka, Australia, the West Indies and South Africa.

Competitive cricket is essentially a bat and ball sport. It is played by two teams on an oval and involves batting, fielding and bowling. There are 11 players a side and a game can last anywhere from several hours to several days. Cricket can be played both socially and competitively, by males and females of all ages. It can help you to develop: Endurance and stamina, Balance and coordination, Physical fitness, hand-eye coordination as well as team skills, cooperation, communication and the ability to cope with both winning and losing.

Who is it for?

All

When is it on?

Summer term

Where is it?

PE Block



ATHLETICS

What is it?

Athletics is a collection of sporting events that involves competitive running, jumping, throwing, track and field and cross country running. Taking part can give you meaningful opportunities in your future life, helps you to take pride in House competitions and Tanfield school, motivate you to do well academically and to make positive choices and support you in developing essential life skills: effort, hard work, self-discipline, teamwork and time management. Join us, whatever your level of experience.

Who is it for?

All

When is it on?

Summer term

Where is it?

PE Block



FUTSAL

What is it?

Come and learn the skills of futsal and play small sided games to develop your game play.

Futsal is an exciting, fast-paced small sided soccer game that originates from South America in the 1930s. It is widely played across the world, and is the small sided football format that is officially recognized by both the USA and FIFA.

The nature of the game places a large emphasis on technical skill and ability in situations of high pressure. Many of the top world class soccer players played Futsal in their youth and credit it with supporting their development. Players of the calibre of Ronaldinho, Kaka, Lionel Messi, Cristiano Ronaldo to name a few all played and enjoyed Futsal in their youth.

Who is it for?

Years 7 and 8

When is it on?

Friday – After School

Where is it?

PE Block



NETBALL

What is it?

In year 7, improve your skills in netball and make new friends playing with different people. Learn the positions of netball on the court and have the opportunity to be selected for the school team.

In years 8/9/10, it's an opportunity to come along and play netball to improve your skills and get an understanding of more detailed match play tactics and set plays.

Who is it for?

Years 7 - 10

When is it on?

Years 8 - 10 - Wednesday - After School

Year 7 - Thursday - After School

Where is it?

PE Block



SCIENCE EXPERIMENTS

What is it?

We will have short demonstrations and chances for hands on practical activities. These include chemical reactions such as colour change precipitate and making elephant's toothpaste. Learn where the bangs and colours in fireworks come from and investigate the science that causes magic!

Who is it for?

Everyone

When is it on?

Thursday – Break Time

Where is it?

N145



CAREERS

What is it?

In this club, you can explore different career paths to help you to develop your idea about what your dream future will be. There will be interactive sessions, talks from employers and visits to businesses and colleges. Everyone is welcome.

Who is it for?

Everyone

When is it on?

Wednesday – After School

Where is it?

S204



PERCUSSION/INSTRUMENT REHEARSAL

What is it?

Come along to the music room and rehearse your instrument or try a new one. Get expert advice to help you to develop your skills and technique.

Who is it for?

Everyone

When is it on?

Everyday – Break Time

Where is it?

N139



BIG BAND

What is it?

This club is suitable for anyone at any level of experience. You will receive a free loan of a brass or wind instrument and learn to play it, so that you can perform at events at school and in the community. All are welcome.

Who is it for?

Everyone

When is it on?

Tuesday and Thursday – Lunch Time (Years 9 – 11)

Thursday – After School

Friday – Lunch Time (Years 7 and 8)

Where is it?

N139



MUSICIAN'S CLUB

What is it?

Have you ever fancied trying a new instrument? This is the club for you if you'd like to learn to play keyboards, drums, guitar or sing. No experience is necessary. We'll help you learn your first tune and develop your skills and confidence so that you can perform in a regular talent show. This club will also be involved in shows alongside the Drama Club.

Who is it for?

Years 7 - 10

When is it on?

Wednesday – After School

Where is it?

N139



TANFIELD AMBASSADORS AND ALUMNI



“Everything you do is about making your parents proud and that’s something I know I have to do.”

Carly Telford, ex Tanfield student (2003) and goalkeeper for the England football team. Carly also plays for Chelsea Ladies.

TANFIELD AMBASSADORS AND ALUMNI



John Rockett

Graduated Tanfield 2019

Studying Hospitality at Gateshead College

Has served over 800 people in one sitting including
Captain Mark Philips.

TANFIELD AMBASSADORS AND ALUMNI



Eve Coulthard

Graduated Tanfield 2016 with Distinctions, A*, 6 As, 3 Bs
A Levels at St Bede's Sixth Form: Textiles, English Literature
and Fine Art.

University: Costume Design at The Northern School of Art.

Ambition: to work as a costume designer for TV and film
(in an Oscar winning film!)

TANFIELD AMBASSADORS AND ALUMNI



Adam Miller

Graduated Tanfield 2013

Completed a degree in sport development with coaching
at Northumbria University (2:1 BA Hons)

Currently at Durham University- secondary PGCE PE

Plans to teach PE

TANFIELD AMBASSADORS AND ALUMNI



John Hogg

Graduated Tanfield 2015
Engineer

Thomas Robson

Graduated Tanfield 2012
Played professional football with Sunderland FC

TANFIELD AMBASSADORS AND ALUMNI



Ryan Heath

Graduated Tanfield 2013
Studied Paleontology
Teacher of Geography

Sophie Murray

Graduated Tanfield 2016
Studying Chemical Engineering at Newcastle University

TANFIELD AMBASSADORS AND ALUMNI



Lewis Gibson

Graduated Tanfield 2016
Professional footballer- Everton FC and England

Connor King

Graduated Tanfield 2016
Studying Dentistry at Newcastle University

TANFIELD AMBASSADORS AND ALUMNI



Liam Gibson

Graduated Tanfield 2013
Professional footballer- Newcastle FC

Jennie Smithson

Graduated Tanfield 2016
Studying Geography at Northumbria University

TANFIELD AMBASSADORS AND ALUMNI



Jamie Moulding

Graduated Tanfield 2011
Teacher

Michael Dunn

Graduated Tanfield 2007
Degree at York University
Teacher



TANFIELD
SCHOOL

HARD WORK | TRUST | FAIRNESS

STEVEN CLOUGH BSc (Hons) NPQH

HEADTEACHER

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