

**Subject: Important Updates to Our School Allergy Policy
(Benedict's Law Compliance)**

15th September 2026

Dear Parents and Carers,

We are writing to inform you about vital changes to our school health and safety procedures. Following the introduction of **Benedict's Law** by the Department for Education, all schools in England are required to comply with new, mandatory statutory allergy guidance starting this term.

Benedict's Law was established in memory of five-year-old Benedict Blythe, who tragically suffered a fatal allergic reaction at school. It transitions allergy safety from optional "best practice" into a strict legal requirement. Since food allergies affect an average of two children in every classroom, our top priority is ensuring a safe, inclusive environment for all students.

What this means for our school:

To comply with the new statutory framework, we have implemented the following safeguards:

- **Stand-alone Allergy Policy:** We have updated our comprehensive allergy management policy, which explicitly details prevention and emergency response procedures.
- **Emergency Medication:** The school now stocks "spare," unassigned Adrenaline Auto-Injectors (AAIs) for use in an emergency if a pupil's own device is faulty or unavailable.
- **All-Staff Training:** All school staff—including teachers, teaching assistants, lunchtime supervisors, and administrative personnel—have undergone mandatory training to recognize anaphylaxis symptoms and administer adrenaline.
- **Individual Healthcare Plans (IHPs):** Every child with a known medical condition or diagnosed allergy will have a formalised, comprehensive IHP tailored to their needs.

How you can help us keep children safe:

1. **Update Medical Records:** If your child has a diagnosed food, insect, or environmental allergy, or requires an AAI, please inform the school office immediately so we can finalise or update their Individual Healthcare Plan (IHP).
2. **Provide Up-to-Date Medication:** Parents of children with prescribed AAIs must ensure the school is supplied with two in-date injectors, clearly labelled with the child's name and photo.
3. **Be Allergy-Aware:** We ask all parents to support our allergy-conscious environment. Please refrain from sending snacks or packed lunch items that contain high-risk allergens such as nuts.

You can find more information regarding these national changes on the official [Allergy UK Benedict's Law Page](#) and through the [Benedict Blythe Foundation](#)

Thank you for your cooperation in keeping our school community safe. Please contact the school office or our designated Allergy Lead if you have any questions or need to update your child's medical information.

Yours sincerely,

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