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SUPPORTING STUDENTS AT SCHOOL WITH ASTHMA - EMERGENCY SALBUTAMOL INHALER

Document Control

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Related Documents/Policies

References	Title

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1. Arrangement for the supply, storage, care and disposal of the inhaler

Tanfield school has a salbutamol inhaler for use in emergencies. This is for any students with asthma, or who have been prescribed an inhaler as reliever medication. The inhaler can be used if the student's prescribed inhaler is not available (for example, if it is broken or empty). This should be specified in a student's IHP and or written parental consent. If a child has an inhaler such as terbutaline the salbutamol inhaler should be still used by these children if their own inhaler is not accessible - it will still help to relieve their asthma and save their life.

This policy sits alongside our Supporting Students with Medical Conditions policy and should be read in conjunction with this policy. For those students with medical needs there may be an Individual Healthcare Plan in place to identify triggers, symptoms, medication needs and the level of support needed in an emergency.

The emergency inhaler will be stored in the Year Manager's Hub (pink box), PE block and the Humanities office (not locked away), accessible to all staff. This should be out of reach and sight of students. Matthew Smith, Graeme Davison, Helen Johnson, Grant Parker, Marie Farrell and Caroline Dixon are responsible for administering the inhaler and Marie Farrell is responsible for maintaining the emergency inhaler kit.

Students should have their own reliever inhaler at school to treat symptoms and for use in the event of an asthma attack. If they are able to manage their asthma themselves they should keep their inhaler on them, and if not, it should be easily accessible to them.

The emergency asthma inhaler kit should include:

- a salbutamol metered dose inhaler
- at least 2 plastic spacers compatible with the inhaler
- instructions on using the inhaler and spacer
- instructions in cleaning and storing the inhaler
- manufacturer's information
- a checklist of inhalers; identified by their batch number and expiry date, with monthly checks recorded
- a note of the arrangements for replacing the inhaler and spacer
- a list of children permitted to use the emergency inhaler as detailed in the students' IHP
- a record of administration (when the inhaler has been used).

The emergency inhaler kit should be kept out of direct sunlight and extreme temperatures (below 30C is appropriate).

The inhaler should be primed when first used - spray 2 puffs, as it can become blocked when not used over a period of time.

To avoid the risk of cross-infection, the plastic spacer should not be reused. It can be given to the student to take home for future personal use.

The inhaler can usually be reused, provided it can be cleaned after use. The inhaler canister should be removed and the plastic inhaler housing the cap should be washed in warm running water, and left to dry in air in a clean, safe place. The canister should be returned to the housing when it is dry, and the cap replaced, and the inhaler returned to the designated storage place.

To dispose of the inhaler the manufacturers' guidelines usually recommend that spent inhalers are returned to the pharmacy to be recycled, rather than been thrown away.

2. REGISTER

The register of those students who have asthma and those with asthma and an IHP is noted in a tab on the SEND register. Staff are aware of this register and can access information regarding those children with medical needs and those students with asthma.

SEND register

3. Written/Electronic parental consent for use of the emergency inhaler

Parents whose child has asthma will be sent an option via the Arbor Parent Portal to consent to the use of an emergency inhaler at Tanfield School. This will be an automated process, with reports being readily available to staff.

For those parents who cannot access the Parent Portal a letter will be sent to inform parents/carers of the emergency salbutamol inhaler use and a consent form (see below).

CONSENT FORM: USE OF EMERGENCY SALBUTAMOL INHALER - Tanfield School

Child showing symptoms of asthma / having asthma attack

- 1. I can confirm that my child has been diagnosed with asthma / has been prescribed an inhaler [delete as appropriate].
- 2. My child has a working, in-date inhaler, clearly labelled with their name, which they will bring with them to school every day.
- 3. In the event of my child displaying symptoms of asthma, and if their inhaler is not available or is unusable, I consent for my child to receive salbutamol from an emergency inhaler held by the school for such emergencies.

Name (print):	
Child's name:	
Class:	
Parent's address and contact details:	

Telephone:
E-mail:
LETTER TO INFORM PARENTS OF EMERGENCY SALBUTAMOL INHALER USE
Child's Name:
Class:
Date:
Dear,
This letter is to formally notify you thathas had problems with his / her
breathing today. This happened when
A member of staff helped them to use their asthma inhaler.
They did not have their own asthma inhaler with them, so a member of staff helped them to use the
emergency asthma inhaler containing salbutamol. They were given puffs.
Their own asthma inhaler was not working, so a member of staff helped them to use the emergency
asthma inhaler containing salbutamol. They were given puffs.
Although they soon felt better, we would strongly advise that you have your seen by your own doctor as
soon as possible.
Yours sincerely,

4. Training

Any member of staff may volunteer to take on these responsibilities, but they cannot be required to do so. These staff may already have wider responsibilities for administering medication and/or supporting pupils with medical conditions.

All staff are asked to read this policy and mark as read. This includes recognising the symptom of an asthma attack, aware how to check if a child is on the asthma register, aware of how to access the inhaler and who the designated staff members are in school. Staff can summon the assistance of a designated member of staff to help administer an emergency inhaler, as well as collecting the emergency inhaler and spacer.

A copy of the register should be held by each designated member. This can be taken from the SEND register:

SEND register

HOW TO RECOGNISE AN ASTHMA ATTACK

The signs of an asthma attack are:

- Persistent cough (when at rest)
- A wheezing sound coming from the chest (when at rest)
- Difficulty breathing (the child could be breathing fast and with effort, using all accessory muscles in the upper body)
- Nasal flaring
- Unable to talk or complete sentences. Some children will go very quiet.
- May try to tell you that their chest 'feels tight' (younger children may express this as tummy ache)

CALL AN AMBULANCE IMMEDIATELY AND COMMENCE THE ASTHMA ATTACK PROCEDURE WITHOUT DELAY IF THE CHILD

- Appears exhausted
- Has a blue/white tinge around lips
- Is going blue
- Has collapsed

WHAT TO DO IN THE EVENT OF AN ASTHMA ATTACK

- Keep calm and reassure the child
- Encourage the child to sit up and slightly forward
- Use the child's own inhaler if not available, use the emergency inhaler
- Remain with the child while the inhaler and spacer are brought to them
- Immediately help the child to take two separate puffs of salbutamol via the spacer
- If there is no immediate improvement, continue to give two puffs at a time every two minutes, up to a maximum of 10 puffs
- Stay calm and reassure the child. Stay with the child until they feel better. The child can return to school activities when they feel better
- If the child does not feel better or you are worried at ANYTIME before you have reached 10 puffs, CALL 999 FOR AN AMBULANCE
- If an ambulance does not arrive in 10 minutes give another 10 puffs in the same way

The Asthma UK films on using metered-dose inhalers and spacers are particularly valuable as training materials:

http://www.asthma.org.uk/knowledge-bank-treatment-and-medicines-using-your-inhalers

Students with inhalers will also be able to demonstrate to their teacher or Year Manager how they use it.

Our School Nurse, Alison Johnson can also be contacted to offer training.

5. RECORD KEEPING

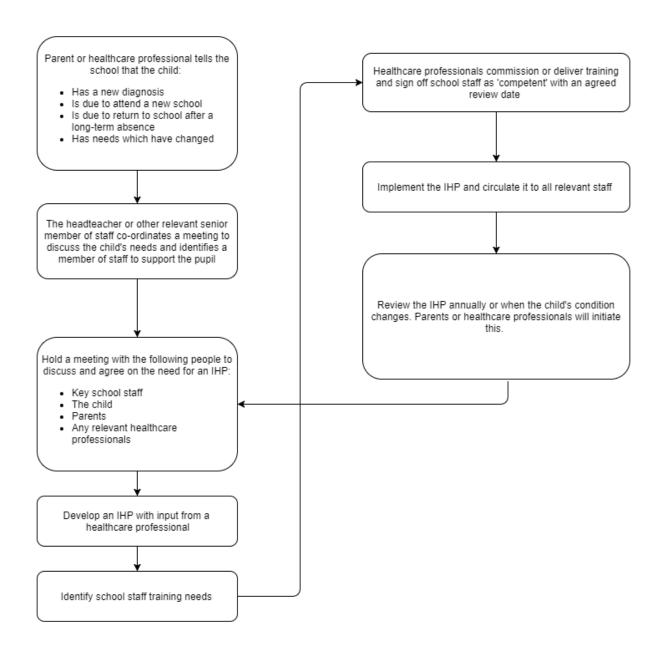
The governing body will ensure that written records are kept of all medicine administered to students. Parents will be informed if their child has been unwell at school.

IHPs are kept in a child's file in the shared area/learning support folder and a paper copy is also held on file with the Year Manager.

Tanfield School record of medicine administered to an individual child		
Name of child		
Date medicine provided by parent	/ /	
Group/class/form		
Quantity received		
Name and strength of medicine		
Expiry date		
Quantity returned		
Dose and frequency of medicine		

Date	Time Given	Dose Given	Total Amount Left	Name of member of staff

APPENDIX 1 – BEING NOTIFIED A CHILD HAS A MEDICAL CONDITION



Appendix 2 – Individual Healthcare Plan

Tanfield School Individual Healthcare Plan
Pupil name: Address:
Date of Birth: Form Class:
Medical Condition: To include triggers, signs, symptoms & treatments
Name of condition:
Triggers:
Signs:
Symptoms:
Treatment:
Date plan drawn up: Review date (annually):
CONTACT INFORMATION
Family Contact 1 Name: Phone No (work): (home): (mobile): Relationship:

Family Contact 2
Name:
Phone No:
(work):
(home):
(mobile):
Relationship:
GP
Name:
Address:
Phone No:
Clinic/Hospital Contact
Name:
Dhara Na.
Phone No:
Describe medical condition and give details of pupil's individual symptoms:
Daily care requirements (e.g. before sport/at lunchtime): Include medication (dose, side effects & storage, other treatments, time, facilities, equipment, testing ,access to food & drink used to manage their condition, dietary requirements & environmental issues; e.g. crowded corridors, travel time between lessons.

Describe what constitutes an emergency for the pupil, and the action to be taken if this occ	urs:
(Include who to contact & contingency arrangements)	
E-II-	
Follow up care:	

Who is responsible in an emergency (State	
needs, expectations of their role, cover arra	angements for when they are unavailable.
Signed	Date
Parent/Carer	
Tarenty carer	
2 1/ 1	
Pupil (where appropriate)	
Headteacher	
SENCO	

GP	

APPENDIX 3 – PARENTAL AGREEMENT FOR A SCHOOL TO ADMINISTER MEDICINE TEMPLATE

The school will not give your child medicine unless you complete and sign this form, and the school has a policy that the staff can administer medicine.

Tanfield School medicine administering form						
Date for review to be initiated by						
Name of child						
Date of birth						
Group/class/form						
Medical condition or illness						
Medicine						
Name/type of medicine (as described on the container)						
Expiry date						
Dosage and method						
Timing						
Total amount received						
Special precautions/other instructions						
Are there any side effects that the school/setting needs to know about?						
Self-administration – y/n						
Procedures to take in an emergency						
NB: Medicines must be in the original contain	ner as dispensed	l by the pharr	тасу			
Contact Details						
Name						
Daytime telephone no.						
Relationship to child						
Address						
I understand that I must deliver the medicine	e personally to a	member of o	office staff.			

The above information is, to the best of my knowledge, accurate at the time of writing and I give consent to school/setting staff administering medicine in accordance with the school/setting policy. I will inform the school/setting immediately, in writing, if there is any change in dosage or frequency of the medication or if the medicine is stopped.

Signature(s)	Date

APPENDIX 4 – RECORD OF MEDICINE ADMINISTERED TO AN INDIVIDUAL CHILD TEMPLATE

Tanfield School record of medicine administered to an individual child								
Name of child								
Date medicine provided by parent	/	/						
Group/class/form								
Quantity received								
Name and strength of medicine								
Expiry date	/	/						
Quantity returned								
Dose and frequency of medicine								

Date	Time Given	Dose Given	Total Amount Left	Name of member of staff

Staff signature

APPENDIX 5 – RECORD OF MEDICINE ADMINISTERED TO ALL CHILDREN

Date of Completion	Child's name	Name of Medicine	Period of Administration	Any Reactions	Signature of Staff	Print Name

APPENDIX 6 – STAFF TRAINING RECORD – ADMINISTRATION OF MEDICINES

Name of school/setting:	
Name:	
Type of training received:	
Date of training completed:	
Training provided by:	
Profession and title:	
I confirm that and is competent to carry out any necess	
Trainer's signature	
Date	
I confirm that I have received the training	ng detailed above.
Staff signature	
Date	
Suggested review date	

APPENDIX 7 – MODEL LETTER INVITING PARENTS TO CONTRIBUTE TO INDIVIDUAL HEALTHCARE PLAN DEVELOPMENT

Dear Parent/Carer

RE: DEVELOPING AN INDIVIDUAL HEALTHCARE PLAN FOR YOUR CHILD

Thank you for informing us of your child's medical condition. I enclose a copy of the school's policy for supporting pupils at school with medical conditions for your information.

A central requirement of the policy is for an individual healthcare plan (IHP) to be prepared, setting out what support each pupil needs and how this will be provided. Individual healthcare plans are developed in partnership with the school, parents/carers, pupils, and the relevant healthcare professional who can advise on your child's case. The aim is to ensure that we know how to support your child effectively and to provide clarity about what needs to be done, when and by whom. We will need to make judgements about how your child's medical condition impacts their ability to participate fully in school life, and the level of detail within plans will depend on the complexity of their condition and the degree of support needed.

A meeting has been arranged (date to be confirmed) to start the process of developing your child's individual health care plan. You will have the opportunity to discuss your child's needs with Mrs Johnson (SENDCo), Mrs Alison Johnson (School Nurse Practitioner), Mr Jonathan Coates (Health & Safety Officer) and Mr Jonathan Coates (School Business Manager). I hope that this is convenient for you and would be grateful if you could confirm whether you are able to attend by completing the tear off slip below, indicating your approximate time of arrival, and returning to the school office.

Please let us know if you would like us to invite another medical practitioner, healthcare professional or specialist and provide any other evidence you would like us to consider at the meeting as soon as possible.

If you are unable to attend, it would be helpful if you could complete the attached individual healthcare plan template and return it before (insert date), together with any relevant evidence, for consideration at the drop in session.

If you have any questions, please don't hesitate to contact Mrs S Johnson in school.

Yours sincerely,

S Clough
Headteacher
%
Childs name
I will be attending the drop in session at approximately pm. Yes/No
I will be bringing along a specialist to the session Y/N
Parent/Carer signature Date Date

Appendix 8 - Salbutamol Inhaler Actuation (Puff) Chart

Name of Child:	_Date of Birth:
OR School Emergency Inhaler:	
Inhaler Batch Number:	
Inhaler Expiry Date:	

Each salbutamol inhaler contains 200 actuations (puffs). It is important to record the actuations used in order to know when to prepare for replacement of the inhaler. Each single actuation should be recorded with a clear strike through the number using black ink.

This chart can be used for each individual child's salbutamol inhaler if it remains in school care and does not go between home and school. However, it should also be used for each of the school emergency inhalers. Consider how you can easily identify each emergency inhaler, as well as using the batch number.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90

91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110
111	112	113	114	115	116	117	118	119	120
121	122	123	124	125	126	127	128	129	130
131	132	133	134	135	136	137	138	139	140
141	142	143	144	145	146	147	148	149	150
151	152	153	154	155	156	157	158	159	160
161	162	163	164	165	166	167	168	169	170
171	172	173	174	175	176	177	178	179	180
181	182	183	184	185	186	187	188	189	190
191	192	193	194	195	196	197	198	199	200

Please remember to record actuations when you test/prime your inhaler. The Ventolin Evohaler patient information leaflet recommend the following:

When using the inhaler for the first time, test that it is working. To make sure that it works, shake it well, point the mouthpiece away from you and press the canister to release two puffs into the air.

If you have not used the inhaler for 5 days or more, shake it well and release two puffs of medicine into the air.